

Sail Camp Packing List

Make sure you READ THIS LIST!! It IS different than the lists for previous camps. We are focusing on "light weight" camping (wherever possible) for this trip, including personal gear.

Please make sure that your NAME is on absolutely EVERYTHING that you bring!

We expect you to pack your own things for camp with adult assistance only as required. YOU need to know what is in your pack, and where it is!

Uniform - Wear your necker to the church for departure.

- Ground Sheet
- Sleeping bag in a compression sack!

'Ditty'/dish bag the following items in it:

- plate, bowl, cup (plastic is best)
- knife, fork, spoon

Optional-

- Small Flashlight, Batteries
- Camera
- bug mesh shirt/head cover

- water bottle with a carabiner on it (You may want this in the vehicle with you)

- Tooth Brush & paste
- Wash cloth
- Shower towel
- Beach towel
- Comb/brush
- deodorant

All items should be packed :

- *so YOU know where they are.
- *so they are protected from rain.
- *attached tightly (try using an old belt instead of rope or string)

- 1 pair Pants
- 1 pair of Shorts
- swimsuit
- 1 sweater
- 2 T-shirts
- 2 pr Underwear
- 2 pr Socks
- Sleep Wear (Pajamas or Track Suit)
- Closed-toe **shoes** for Sailing - Wear these
- Shoes, sandals, slippers or Crocs to wear at campsite

Medication (Drugs)

Absolutely all medications must

- be in the original container.
- have explicit **written** directions and boys' name on the container.
- not be packed in the boys' gear.
- be given directly to the LEADER by the PARENT on arrival at the church.

- sunscreen – minimum SPF 30
- lip balm with SPF protection
- sunglasses
- bug LOTION – NO Aerosol or pump sprays!
- hat (preferably with wide brim)
- windbreaker or light jacket
- rainwear (Pack for easy quick access)
- Life Jacket

NOTE: Aspirin, Tylenol, Advil, over-the-counter allergy med's, etc. cannot be administered to any youth member unless it is sent by a parent with **written** instructions.

Do Not Bring

- *radios, Ipods, electronic games or any other electronic 'gadgets'
- *food (other than what you have been asked to bring)