



24th Kitchener

CJ'13

Sylvan Lake Alberta



PACKING LIST

It is important that the items on this list **be packed in the proper places** so that everyone will have the items they need when they need them. We will be shipping the majority of the equipment early to Alberta via Truck. During the flight to CJ we will be taking only carry-on baggage. For the return trip we will be checking our baggage.

We will be providing some clothing items, these clothing items are included in the quantities indicated in the packing list and will be detailed in version 2 of this list.

Pack #1 – Truck Pack

- Will be shipped via truck to CJ Site
- Pack inspection at church **June 24th** Bring your Plane pack too
- Loading of truck at church **June 28th**

Pack #2 – Plane

- Pack inspection at Church **June 24th**
- Bring with you to Airport **July 5th** at 6 pm for takeoff!!
- **Carry on only, No checked Baggage**

Names and Unit Number on everything!!

Truck Pack – must meet WestJet Checked baggage requirements

This Pack will be inaccessible until we reach CJ.

It will be brought to the church on June 24th and will not be available until arrival at CJ.

You must be able to carry on your back as we will have a fairly long hike from truck to campsite.

This will be checked baggage on the return trip home so it must not exceed this size...

Length+Width+Depth must be less than 157cm and less than 50lb.

- 2 Long sleeve Shirts
- 1 Pair Long Pants
- 4 Pair Socks
- 4 Pair Underwear
- swim suit
- 2 Pair Shorts
- 4 Short sleeve Shirts/T-Shirts (3 Provided)
- 1 Sweater/Sweatshirt
- Hat for sun with wide brim
- towel (swim/shower)
- light flip-flops for showering
- Running Shoes
- Footwear for wet weather
- Water shoes
- Light gloves
- Clothes Pins 4-5 Spring Type
- Extra batteries for flashlight
- Sleeping Pad*

Mess Kit*

In mesh hang bag with carabineer

- Plate, Bowl, Cup
- Knife, Fork, Spoon
- Waterbottle (good Seal) (empty)

Sleeping Bag-fastened securely to pack.

- Sleeping Bag
- Sleep wear Flannel or Fleece.
- Pillow (Small or Inflatable)
- Compression sack
- Toque for sleeping

Toiletry Kit

Purchase small travel sizes, enough for two weeks
(it is helpful if this kit can hang outside)

- Comb/Brush
- Face Cloth
- Hand towel (small)
- Deodorant❖
- Chapstick❖
- Zip lock Bag #1
 - Tooth Brush
 - Tooth Paste
- Zip lock Bag #2
 - Suntan Lotion❖ (small) SPF 30+
 - Bug repellent❖
- Zip lock Bag #3
 - Soap (Bio-degradable) in Plastic box
 - Shampoo, Bio-degradable,
- Very small cup

❖ **NO SPRAYS** - Lotion or stick form only. **NO Pumps or Aerosol** ❖

Plane Pack – must meet WestJets Carry-on baggage requirements

Will contain everything you will need on the trip to and from CJ.

While at CJ this pack will be used on day excursions for lunches, swim towel, water shoes etc.

You must be able to wear this on your back.

As we will be travelling by plane your carry-on baggage must meet TSA guidelines.

Dimensions must not exceed 53 cm x 23 cm x 38 cm

We will have a box to check that the size of your pack meets airline regulations at the pack inspection meeting.

- Sunglasses / prescription eyewear
- camera
- Pencil/Pen/Reading Material/Small games(not electronic)
- socks
- shorts
- sweatshirt
- underwear
- Small flash light or headlamp
- Empty water bottle
- Rain Wear (jacket and pants better than poncho)
- Snack for on plane. No liquids. Water Bottles must be empty.
- Swapping Badges (Waist Pack/Pouch recommended)
- Addresses/Phone numbers you may need
- 24th Participant Guide

Uniform

These items are to be arranged on a single hanger and brought to the church separately with your Truck pack

- Scout Shirt
- uniform pants or shorts, (socks and Garters Opt.)
- Uniform Belt

DO NOT BRING

Firearms - fireworks - knives - matches - Food - pop - electronic games, radios, walkmen, discmen, rollerblades, cellphones. Cameras are encouraged but if they are used for gaming or other activities not related to the scouting program they will be confiscated for the duration of the trip.

Medications

Any and all medications, whether or not prescription, **MUST**:

1. be in the original container.
2. be clearly marked with Scout's name
3. have been included on the Medication Form previously completed.
4. **NOT** be in the boys packs
5. be given to the leaders night before departure.
6. Send quantities enough only for the duration of the trip.
7. Prescribed daily meds in one Baggie
8. As needed meds in a separate baggie

OTHER

The meeting before departure (June 24th) we will also require:

- Spending money** - The maximum leaders will hold is \$200.00 /Scout. We will distribute 'on demand' with a minimum of scrutiny. No bills larger than \$20.00. Bank cards may be submitted but like the cash, will not be returned to the leader, once given to the youth.
- Health Card (Original)
- Medications (see above)

What to wear when we depart?

- CJ Jacket (Provided)
- socks
- underwear
- CJ T-shirt (Provided)
- 24th Necker
- Long Pants
- Hiking Boots or other sturdy walking shoes (Your largest and heaviest footwear)

* Departing CJ Site

The following items will be packed into the crate for the trip home as they will not be required for the Post CJ Activities. This should make some extra room for sleeping bag in/on your truck pack which will be checked baggage for the return flight.

- Sleeping Pad
- Mess Kit